



**Awaken  
the Change**

Focusing Minds For Positive Results

## 25 EXCUSES TO NOT COMMUNICATE AT WORK

When communication is so important I wonder why there are so many excuses not to communicate. Yet we all know the benefits of good communication in a business. So here are some excuses I have heard throughout my career.

1. I don't have time
2. I'm not very good at writing things down
3. I don't understand what she is talking about
4. I'm a temp
5. I didn't see him come into the room
6. I don't like writing letters
7. I just want to get on with the job
8. I know best
9. They already know, it's not necessary to communicate
10. I'm the boss so what I say goes
11. I'm too scared to speak
12. I'm going home in 10 minutes time
13. I would rather Google it
14. They won't listen
15. Speak no English
16. You do it
17. I'm too angry to speak
18. I've communicated before and it made no difference
19. It's his responsibility
20. I don't know what to say
21. She never listens
22. I don't understand the lingo
23. They can find that out on the internet
24. I can't hear
25. They are not interested